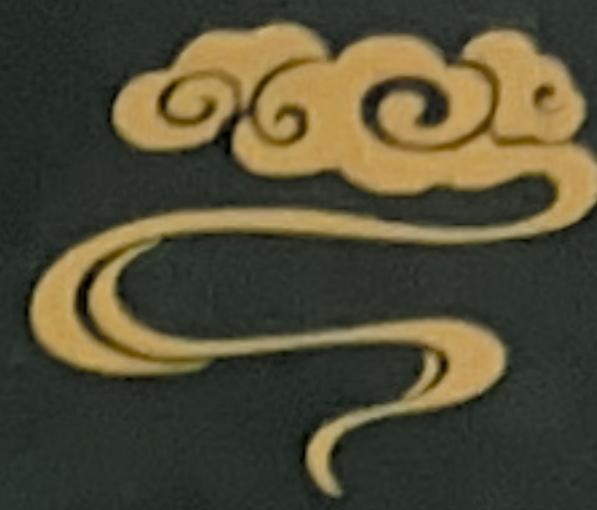




高陞

GO SING

CHINESE RESTAURANT

2026



Meal Instructions

用餐时间

每桌用餐时间为120分钟用餐时间

Dining Time

-120 minutes per table

点单方式

可分多轮点单
请根据实际食量合理选择菜品

Ordering

-Orders may be placed in multiple rounds
-Please order responsibly

关于浪费

如出现明显浪费, 餐厅可能酌情收取费用

Food Waste

-Excessive food waste may be charged

温馨提示

本店为桌边服务式自助餐厅
用餐即表示您已了解并同意以上用餐说明

Terms

-By dining with us, guests acknowledge
and accept our dining terms.

All you can eat Banquet

Adult £27.90 per head. Children £13.90 per head (under 8) minimum for 2 people

All you can eat Banquet with Extra Dishes

Adult £34.90 per head. Children £16.50 per head (under 8) minimum 4 people

Extra Dishes

- ①. **Peking Duck**
- ②. **Lobster with
Ginger Spring Onion**
- ③. **Steamed Scallops
With Garlic**
- ④. **Deep Fried Salt &
Pepper Seabass**
- ⑤. **Salt And Pepper
Steamed Buns**
- ⑥. **Wasabi King Prawns**
- ⑦. **Dim Sum Platter**
- ⑧. **Thai Ribs**



All extra dishes can only be ordered once

All you can eat BANQUET (Available 7 Days a week).

Adult £27.90 per head. **Children £13.90** per head (under 8yrs old). Minimum for 2 people

Due to the ongoing shortage of crispy duck, we can only give a certain amount per person, once only. Sorry for inconvenience.

Appetisers

1. Mixed Hot Starters

(Minimum for 2)

(Seaweed, Spare Ribs, Satay Chicken, Prawn Toast, Spring Roll)

2. Smoked Chicken

3. Salt & Chilli Ribs

4. Salt & Chilli King Prawn

5. Salt & Chilli Squid

6. Chicken & Lettuce Wrap

7. Crispy Duck

(Due to an ongoing shortage of crispy duck, we are limiting servings to one portion per person. We apologize for any inconvenience).

8. Capital Spare Ribs

9. Crispy Seaweed

10. Minced Lamb and French Beans Lettuce Wrap

11. Vegetarian Spring Roll

12. Saucy Chicken Wings

13. Chicken Wings in Honey Sauce

14. Spare Ribs

15. Vegetarian Lettuce Wrap

16. Spring Rolls (Meat)

17. Salt & Chilli Chicken Wings

18. Sesame Prawn Toast

19. Salt & Chilli Mushrooms

20. Salt & Chilli Tofu

21. Butterfly King Prawns

22. Grilled Pork Dumpling

23. Salt & Chilli Shredded Beef

24. Satay Chicken



Soup

25. Hot & Sour Soup

26. Chicken & Sweetcorn Soup

27. Sweetcorn Soup

28. Chicken & Mushroom Soup

29. Chicken & Noodle Soup

30. Mixed Vegetable & Tofu Soup

31. Shredded Duck & Chinese Mushroom Soup

32. Tofu & Straw Mushroom Soup

33. Vegetarian Hot & Sour Soup

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Seafood

- | | |
|--|--|
| 34. Fish Fillet with Sweet Corn Sauce | 60. King Prawn in Black Bean Sauce |
| 35. Sweet & Sour Fish Fillet | 61. Beef in Black Bean Sauce |
| 36. King Prawn with Ginger & Spring Onion | 62. Chicken in Black Bean Sauce |
| 37. Kung Po King Prawn | 63. Mixed Seafood in Black Bean Sauce |
| 38. King Prawn with Mixed Vegetables | 64. Beef in Black Pepper & Satay Sauce |
| 39. King Prawn with Mushroom | 65. Chicken in Black Pepper & Satay Sauce |
| 40. King Prawn Szechuan Style | 66. King Prawn in Black Pepper & Satay Sauce |
| 41. Sweet & Sour King Prawn | 67. Steak in Black Pepper Sauce |
| 42. Squid with Ginger & Spring Onion | 68. Steak Cantonese Style in Pungent Sauce |
| 43. Squid Szechuan Style | 69. Lamb with Ginger & Spring Onion |
| 44. King Prawn with Black Pepper & Honey Sauce | 70. Bean curd in Black Bean Sauce |
| 45. Crispy Lemon King Prawn | |

Meat

46. Cumin Lamb 🌶️🌶️🌶️
47. Cumin Beef 🌶️🌶️🌶️
48. Sichuan Chilli Chicken 🌶️🌶️🌶️
49. Double Cooked Fish 🌶️🌶️🌶️
50. Deep Fried Shredded Beef
51. Beef with Ginger & Spring Onion
52. Beef with Cashew Nuts
53. Beef with Mushrooms
54. Roasted Char Siu in Szechuan Style
55. Roasted Char Siu Pork
56. Sweet & Sour Pork
57. Sauteed Lamb with Courgettes
58. Sauteed Lamb with Crispy Mangetout
59. Kung Po Lamb



Payment may be required before being seated.
Any dishes left will be charged at Full Price.
All our food is freshly prepared and cooked to order.
During busy periods this may cause delays.
Leftovers cannot be taken away.
Our ingredients may contain G.M products.
Dessert is not included in the banquet.
Service not included. All prices include VAT

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Poultry

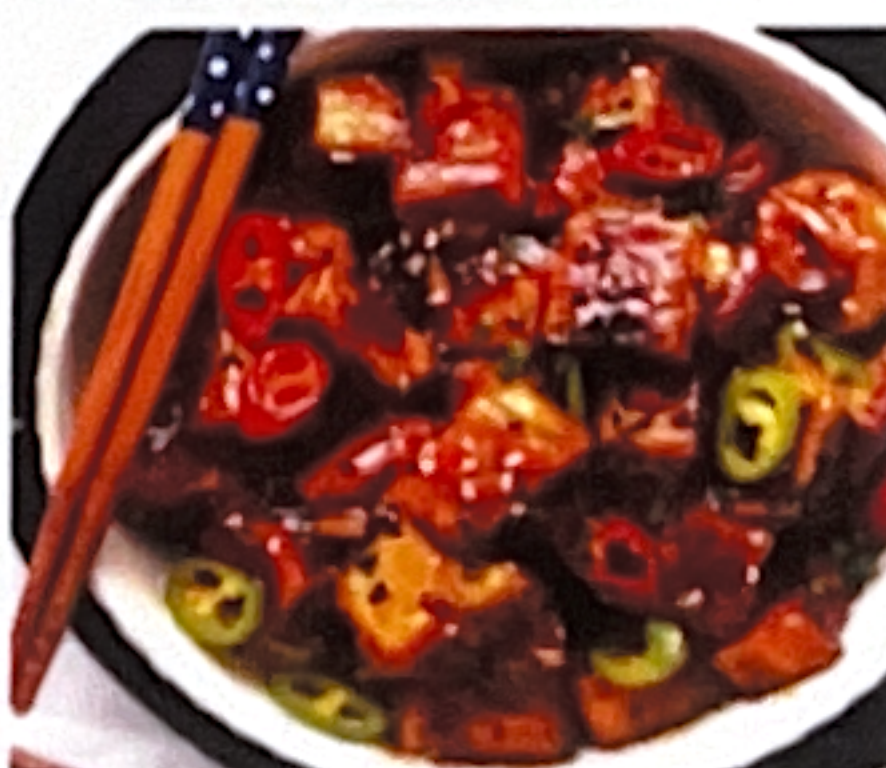
- 71. Kung Po Chicken**
- 72. Crispy Chicken in Lemon Sauce**
- 73. Chicken with Mushrooms**
- 74. Chicken with Cashew Nuts**
- 75. Chicken with Ginger & Spring Onion**
- 76. Chicken in Yellow Bean Sauce with Cashew Nuts**
- 77. Sweet & Sour Chicken**
- 78. Chicken Szechuan Style**
- 79. Roasted Duck Cantonese Style**
- 80. Duck in Black Bean Sauce**
- 81. Duck in Black Pepper & Honey Sauce**

Curry

- 82. Chicken Curry**
- 83. Beef Curry**
- 84. King Prawn Curry**
- 85. Mixed Meat Curry**
- 86. Mixed Vegetable Curry**

Vegetarian

- 87. Stir Fried Mixed Vegetables**
- 88. Stir Fried Beansprouts**
- 89. Mixed Vegetables Szechuan Style**
- 90. Sweet & Sour Mixed Vegetables**
- 91. Stir Fried Mixed Vegetables in Black Pepper & Satay Sauce**
- 92. Stir Fried Mixed Vegetables & Beancurd**
- 93. Beancurd Szechuan Style**
- 94. Stir Fried Mangetout with Mushrooms**
- 95. Stir Fried Courgette in Black Bean Sauce**
- 96. Vegetarian Sweet & Sour Chicken**
- 97. Vegetarian Chicken in Satay Sauce**
- 98. Vegetarian Duck in Black Bean Sauce**
- 99. Vegetarian Curry Duck**
- 100. Vegetarian Curry Chicken**
- 101. Deep Fried Salt & Pepper Tofu**



***All photos are for illustration purposes only and are not an actual representation**

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Rice & Noodles

- 102. Special Fried Rice**
- 103. Shredded Chicken Fried Rice**
- 104. Egg Fried Rice**
- 105. Boiled Rice**
- 106. Shredded Char Siu Fried Rice**
- 107. Special Chow Mein**
- 108. Chow Mein with Beansprout**
- 109. Singapore Rice Noodles**
- 110. Vegetarian Singapore
Rice Noodles**
- 111. Malaysian Chow Mein**
- 112. Vegetarian Malaysian Chow Mein**
- 113. Shredded Chicken Chow Mein**
- 114. Shredded Char Siu Chow Mein**
- 115. Beef Chow Mein**



Noodle Soup

- 116. Black Pepper Beef Noodles**
- 117. Curry Beef Brisket Noodles**
- 118. Curry Mixed Meat Noodles**
- 119. Curry Mixed Vegetable &
Tofu Noodles**
- 120. Tom Yum Shrimp Soup Noodles**

Food Allergy

If you have a food allergy or any Special Dietary Requirements, Please inform a member of staff.

Allergy Advice

In compliance with food labelling regulation - EC1169/2011. Customers are advised to let our staff know if any food may cause allergic reactions prior to ordering.

If you would like to know the list of ingredients used in a particular dish from our menu, our manager will be happy to assist you.



Food Standards Agency
Food.gov.uk

For more information, visit: food.gov.uk/allergy or nhs.uk/conditions/allergies

如果您对这些产品有任何过敏反应,请在点菜时通知我们,我们将尽力为您提供建议。

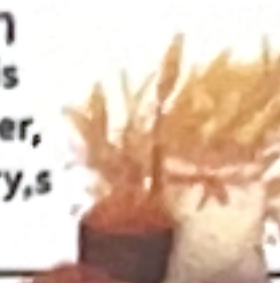
The way allergens are labelled on prepacked foods is changing because of new regulations. The Food Information Regulation, which comes into force in December 2014, introduces a requirement that food businesses must provide information about the allergenic ingredients used in any food they sell or provide.

There are 14 major allergens which need to be mentioned (either on a label or through provided information such as menus) when they are used as ingredients in a food. Here are the allergens, and some examples of where they can be found:

1 Celery
This includes celery stalks, leaves, seeds and the root called celeriac. You can find celery in celery salt, salads, some meat products, soups and stock cubes.



2 Cereals containing gluten
Wheat (such as spelt and Khorasan wheat/Kamut), rye, barley and oats is often found in foods containing flour, such as some types of baking powder, batter, breadcrumbs, bread, cakes, couscous, meat products, pasta, pastry, sauces, soups and fried foods which are dusted with flour.



3 Crustaceans
Crabs, lobster, prawns and scampi are crustaceans. Shrimp paste, often used in Thai and south-east Asian curries or salads, is an ingredient to look out for.



4 Eggs
Eggs are often found in cakes, some meat products, mayonnaise, mousses, pasta, quiche, sauces and pastries or foods brushed or glazed with egg.



5 Fish
Crabs, lobster, prawns and scampi are crustaceans. Shrimp paste, often used in Thai and south-east Asian curries or salads, is an ingredient to look out for.



6 Lupin
Yes, lupin is a flower, but it's also found in flour! Lupin flour and seeds can be used in some types of bread, pastries and even in pasta.



7 Milk
Milk is a common ingredient in butter, cheese, cream, milk powders and yoghurt. It can also be found in foods brushed or glazed with milk, and in powdered soups and sauces.



8 Molluscs
These include mussels, land snails, squid and whelks, but can also be commonly found in oyster sauce or as an ingredient in fish stews.



9 Mustard
Liquid mustard, mustard powder and mustard seeds fall into this category. This ingredient can also be found in breads, curries, marinades, meat products, salad dressings, sauces and soups.



10 Nuts
Not to be mistaken with peanuts (which are actually a legume and grow underground), this ingredient refers to nuts which grow on trees, like cashew nuts, almonds and hazelnuts. You can find nuts in breads, biscuits, crackers, desserts, nut powders (often used in Asian curries), stir-fried dishes, ice cream, marzipan (almond paste), nut oils and sauce.



11 Peanuts
Peanuts are actually a legume and grow underground, which is why it's sometimes called a groundnut. Peanuts are often used as an ingredient in biscuits, cakes, curries, desserts, sauces (such as satay sauce), as well as in groundnut oil and peanut flour.



12 Sesame seeds
These seeds can often be found in bread (sprinkled on hamburger buns for example), breadsticks, houmous, sesame oil and tahini. They are sometimes toasted and used in salads.



13 Soya
Often found in bean curd, edamame beans, miso paste, textured soya protein, soya flour or tofu, soya is a staple ingredient in oriental food. It can also be found in desserts, ice cream, meat products, sauces and vegetarian products.



14 Sulphur dioxide (sometimes known as sulphites)
This is an ingredient often used in dried fruit such as raisins, dried apricots and prunes. You might also find it in meat products, soft drinks, vegetables as well as in wine and beer. If you have asthma, you have a higher risk of developing a reaction to sulphur dioxide.



